



# 8 TOP TIPS FOR: BECOMING A TRAINEE PE TEACHER



- 1. BUILD A BROAD UNDERSTANDING OF ALL SPORTS TO ENSURE YOU ARE CAPABLE OF OFFICIATING A VARIETY OF SPORTING FIXTURES.**
- 2. CREATE A DRILL BOOK. YOU'LL BE SURPRISED ABOUT HOW MANY OF THE SAME DRILLS CAN BE REPEATED IN DIFFERENT SPORTS.**
- 3. USE A CRIB SHEET TO SEE IF YOUR STUDENTS ARE DOING WELL COMPARED TO NATIONAL AVERAGES.**
- 4. ALWAYS OFFER TO MAKE SOMEONE ELSE A DRINK IF YOU'RE MAKING ONE FOR YOURSELF!**
- 5. GET INVOLVED IN EXTRA CURRICULAR IN YOUR OWN TIME. NOT IN A PLAYING CAPACITY BUT IN A COACHING CAPACITY.**
- 6. KNOW YOUR STUDENTS AND GET THEM ACTIVE AS MUCH AS POSSIBLE.**
- 7. LIMIT VERBAL INSTRUCTIONS AND DEMO FIRST.**
- 8. DEMONSTRATE WHAT YOU WANT THE STUDENTS TO DO, USING OTHER STUDENTS TO HELP THEM UNDERSTAND TASKS BETTER.**